

**Padmashree Dr. D. Y. Patil College of Nursing, Pimpri, Pune-18**

**Subject: - Community Health Nursing**

**Year: - 2<sup>nd</sup> year M. Sc. Nursing**

**Faculty: - Mrs. Rupali Salvi**

<b>UNIT</b>	<b>TOPIC</b>	<b>Number of lecture</b>	<b>Lecture Serial No</b>
1 Epidemiology	<input type="checkbox"/> Introduction <ul style="list-style-type: none"> <li>• Concept, scope, definition, trends, History and development of modern Epidemiology</li> <li>• Contribution of epidemiology</li> <li>• Implications</li> </ul>	2	1-2
	<input type="checkbox"/> Epidemiological methods	2	3-4
	<input type="checkbox"/> Measurement of health and disease:	1	5
	<input type="checkbox"/> Health policies	1	6
	<input type="checkbox"/> Epidemiological approaches <ul style="list-style-type: none"> <li>• Study of disease causatives</li> <li>• Health promotion</li> <li>• Levels of prevention</li> </ul>	2	7-8
	<input type="checkbox"/> Epidemiology of <ul style="list-style-type: none"> <li>• Communicable diseases</li> <li>• Non-communicable diseases</li> </ul>	3	9-11
	<input type="checkbox"/> Emerging and re-emerging diseases Epidemics	1	12
	<input type="checkbox"/> National Integrated disease Surveillance Programme	2	13-14
	<input type="checkbox"/> Health information system	2	15-16
	<input type="checkbox"/> Epidemiology study and reports	2	17-18
	<input type="checkbox"/> Role of Community health nurse	2	19-20
2 National Health and Family	<input type="checkbox"/> Objectives, rganization/manpower/resources, Activities, Goals, inter-sectoral approach, implementation, item/purpose, role and responsibilities of community health nurse:	3	21-23

Welfare Programmes	<ul style="list-style-type: none"> <li>• National Vector Borne Disease Control Programm (NVBDCP)</li> <li>• National Filaria Control Programme</li> <li>• National Leprosy Eradication Programme</li> <li>• Revised national TB Control Programme</li> <li>• National Programme for Control of Blindness</li> <li>• National Iodine Deficiency disorders Control Progeramme</li> <li>• National Mental Health Programme</li> <li>• National AIDS Control Programme</li> <li>• National Cancer Control Programme</li> <li>• RCH I and II</li> <li>• Non- communicable disease programmes</li> <li>• NRHM</li> <li>- Health Schemes: <ul style="list-style-type: none"> <li><input type="checkbox"/> ESI</li> <li><input type="checkbox"/> CGHS</li> <li><input type="checkbox"/> Health Insurance</li> </ul> </li> </ul>	<p>2</p> <p>2</p> <p>3</p> <p>3</p> <p>2</p> <p>2</p> <p>3</p> <p>3</p> <p>3</p> <p>4</p> <p>3</p> <p>3</p> <p>4</p>	<p>24-25</p> <p>26-27</p> <p>28-30</p> <p>31-33</p> <p>34-35</p> <p>36-37</p> <p>38-40</p> <p>41-43</p> <p>44-46</p> <p>47-50</p> <p>51-53</p> <p>54-56</p> <p>57-60</p>
3 <b>School Health</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Introduction: definition, concepts, objectives.</li> <li><input type="checkbox"/> Health assessment, Screening, identification, referral and follow up,</li> <li><input type="checkbox"/> Safe environment</li> <li><input type="checkbox"/> Services, programmes and plans- first aid, treatment of minor ailments</li> <li><input type="checkbox"/> Inter-sectoral coordination</li> <li><input type="checkbox"/> Adolescent health</li> </ul>	<p>1</p> <p>2</p> <p>1</p> <p>2</p> <p>1</p> <p>2</p> <p>2</p>	<p>61</p> <p>62-63</p> <p>64</p> <p>65-66</p> <p>67</p> <p>68-69</p> <p>70-71</p>

	<input type="checkbox"/> Disaster, disaster preparedness, and management <input type="checkbox"/> Guidance and counseling <input type="checkbox"/> School health records - maintenance and its importance <input type="checkbox"/> Roles and responsibilities of community health nurse	1 1 2	72 73 74-75
4 International health	<input type="checkbox"/> Global burden of disease <input type="checkbox"/> Global health rules to halt disease spread <input type="checkbox"/> Global health priorities and programs <input type="checkbox"/> International quarantine <input type="checkbox"/> Health tourism <input type="checkbox"/> International cooperation and assistance <input type="checkbox"/> International travel and trade <input type="checkbox"/> Health and food legislation, laws, adulteration of food <input type="checkbox"/> Disaster management <input type="checkbox"/> Migration <input type="checkbox"/> International health agencies –World Health Organizations, World health assembly, UNICEF, UNFPA, SIDA, US AID, DANIDA, DFID. AusAID etc. <input type="checkbox"/> International health issues and problems <input type="checkbox"/> International nursing practice standards <input type="checkbox"/> International health vis-a vis National Health <input type="checkbox"/> International health days and their significance	1 1 1 1 1 1 1 1 1 2 1 1 1 1	76 77 78 79 80 81 82 83 84 85-86 87 88 89 90
5 Education	<input type="checkbox"/> Quality assurance	1	91

and administration	<input type="checkbox"/> Standards, Protocols, Policies, Procedures <input type="checkbox"/> Infection control; Standard safety measures <input type="checkbox"/> Nursing audit <input type="checkbox"/> Design of Sub-Centre/Primary Health Centre/ Community health center <input type="checkbox"/> Staffing; Supervision and monitoring-Performance appraisal <input type="checkbox"/> Budgeting <input type="checkbox"/> Material management <input type="checkbox"/> Role and responsibilities of different categories of personnel in community health <input type="checkbox"/> Referral chain- community outreach services <input type="checkbox"/> Transportation <input type="checkbox"/> Public relations <input type="checkbox"/> Planning in-service educational programme and teaching <input type="checkbox"/> Training of various categories of health workers preparation of manuals	1 1 1 1 1 1 1 1 1 1 1 1 2	92 93 94 95 96 97 98 99 100 101 102 103 104-105
6 Geriatric	<input type="checkbox"/> Concept, trends, problems and issues <input type="checkbox"/> Aging process, and changes <input type="checkbox"/> Theories of ageing <input type="checkbox"/> Health problems and needs <input type="checkbox"/> Psycho-physiological stressors and disorders <input type="checkbox"/> Myths and facts of aging <input type="checkbox"/> Health assessment	1  1 1  1	106  107 108  109

	<input type="checkbox"/> Home for aged-various agencies	1	110
	<input type="checkbox"/> Rehabilitation of elderly	1	111
	<input type="checkbox"/> Care of elderly		
	<input type="checkbox"/> Elderly abuse	1	112
	<input type="checkbox"/> Training and supervision of care givers	1	113
	<input type="checkbox"/> Government welfare measures Programmes for elderly- Role of NGOs.	1	114
	<input type="checkbox"/> Roles and responsibilities of Geriatric nurse in the community	1	115
7 Rehabilitation	<input type="checkbox"/> Introduction: Concepts, principles, trends, issues,	1	116
	<input type="checkbox"/> Rehabilitation team		
	<input type="checkbox"/> Models, Methods	1	117
	<input type="checkbox"/> Community based rehabilitation	1	118
	<input type="checkbox"/> Ethical issues		
	<input type="checkbox"/> Rehabilitation Council of India		
	<input type="checkbox"/> Disability and rehabilitation- Use of various prosthetic devices	1	119
	<input type="checkbox"/> Psychosocial rehabilitation		
	<input type="checkbox"/> Rehabilitation of chronic diseases	1	120
	<input type="checkbox"/> Restorative rehabilitation	1	121
	<input type="checkbox"/> Vocational rehabilitation		
	<input type="checkbox"/> Role of voluntary organizations	1	122
	<input type="checkbox"/> Guidance and counseling	1	123

	<input type="checkbox"/> Welfare measures	1	124
	<input type="checkbox"/> Role and responsibilities of community health nurse	1	125
8 Community mental health	<input type="checkbox"/> Magnitude, trends and issues	1	126
	<input type="checkbox"/> National Mental Health Program-Community mental health program	1	127
	<input type="checkbox"/> The Changing Focus of care		
	<input type="checkbox"/> The Public Health Model	1	128
	<input type="checkbox"/> Case Management- Collaborative care	1	129
	<input type="checkbox"/> Crisis intervention	1	130
	<input type="checkbox"/> Welfare agencies		
	<input type="checkbox"/> Population at Risk		
	<input type="checkbox"/> The community as Client <ul style="list-style-type: none"> <li>• Primary Prevention</li> <li>• Secondary prevention</li> <li>• Tertiary Prevention</li> </ul>	1	131
	<input type="checkbox"/> Community based rehabilitation	1	132
	<input type="checkbox"/> Human rights of mentally ill	1	133
	<input type="checkbox"/> Substance use	1	134
	<input type="checkbox"/> Mentally challenged groups		
	<input type="checkbox"/> Role of community health nurse	1	135
9 Occupational health	<input type="checkbox"/> Introduction: Trends, issues, Definition, Aims, Objectives, Workplace safety	1	136
	<input type="checkbox"/> Ergonomics and Ergonomic solutions	1	137
	<input type="checkbox"/> Occupational environment- Physical, social, Decision making, Critical thinking	1	138

	<input type="checkbox"/> Occupational hazards for different categories of people physical, chemical, biological, mechanical, , Accidents	2	139-140
	<input type="checkbox"/> Occupational diseases and disorders	1	141
	<input type="checkbox"/> Measures for Health promotion of workers; Prevention and control of occupational diseases, disability limitations and rehabilitation	1	142
	<input type="checkbox"/> Women and occupational health	1	143
	<input type="checkbox"/> Occupational education and counseling	1	144
	<input type="checkbox"/> Occupational education and counseling	1	145
	<input type="checkbox"/> Violence at workplace	1	146
	<input type="checkbox"/> Child labour	1	147
	<input type="checkbox"/> Disaster preparedness and management	1	148
	<input type="checkbox"/> Legal issues: Legislation, Labour unions, ILO and WHO recommendations, Factories act, ESI act	2	149-150
	<input type="checkbox"/> Role of Community health nurse, Occupational health team		

## Practical

**Total = 960 Hours**

**1 Week = 30 Hours**

S.No.	Deptt./Unit	No. of Week	Total Hours
1	Urban and Rural community	17	510
2	School Health	03	90
3	International health	02	60
4	Administration(SC/PHC/CHC)	02	60
5	Occupational health	02	60
6	Community Mental Health	02	60
7	Home for aged and Hospice	02	60
8	Rehabilitation	02	60

	<b>Total</b>	<b>32</b>	<b>960</b>
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### **Categorisation of practical activities**

#### **Observed**

- MCH office and DPHNO
- CHC/ First Referral Unit (FRU)
- Child guidance clinic
- Institute/Unit for mentally challenged
- District TB centre
- AIDS control society
- Filariasis clinic
- RCH clinic
- STD clinic
- Leprosy clinic
- Community based rehabilitation unit
- Cancer centers
- Palliative care
- Home of old age
- Mental health units
- De-addiction centre
- School health services
- Industry
- Selected industrial health centers
- ESI unit
- Municipality/ corporation office

#### **Assisted**

- Laparoscopic sterilization
- Vasectomy



- All clinics related to RCH
- Monitoring of national health and family welfare programmes

### **Performed**

- Conduct various clinics
- School health assessment.
- Health survey.
- Health assessment
- Drug administration as per the protocols
- Treatment of minor ailments
- Investigating outbreak of epidemic.
- Screening for leprosy, TB and non-communicable disease
- Presumptive and radical treatment for Malaria.
- Counseling
- Report writing
- Referrals
- Writing a project proposal
- Material management- requisition for indent, condemnation, inventory maintenance,
- Training and Supervision of various categories of personnel
- Liaison with NGO's

### **References (Bibliography)**

- 1) Jayawanti, TNAI Nursing Manual, TNAI publication
- 2) K.Park, 'Text Book of Preventive & Social Medicine'
- 3) K.Park, Essentials of Community Health Nursing,
- 4) Rao Kasturi, 'An Introduction to Community Health Nursing', I publications.
- 5) Freeman Ruth, 'Community Health Nursing Practice'
- 6) Stanthope Lancaster, 'Community Health Nursing Process & Practice', Popular publication.
- 7) Basvantappa B.T, 'Community Health Nursing'
- 8) Anderson, 'Community as Partner, Theory & Practice'.
- 9) Allender, 'Community Health Nursing' B.I. Publications

- 10) Harpson, 'Hand Book of Community Health Nursing'
- 11) Shastr , 'Preventive & Social Medicine', National Publications
- 12) Sathe , 'Epidemiology & management of Health Care', Popular Publications
- 13) Vasundhara & Basvantappa , 'Community Health Nursing', Jaypee ublication
- 14) Mc. Evens M. 'Community based Nursing', Sanmdess publication
- 15) Kulkarni & Baride, 'Text Book of Community medicine', Vora Publications.
- 16) Cookfair Joan, 'Nursing Care in Community', Moby Publications
- 17) Maxey Public, 'Health & Preventive Medicine', Applin Colage Publications
- 18) Lippincotts, 'Community Health Nursing', Lrppincotts Publications
- 19) K.Park , 'Text Book of Preventive & Social Medicine'
- 20) Saunder, 'Essentials of Community based Nursing', Jones & Balet ublications
- 21) Mahajan Gupta, 'Textbook of Preventive & Social Medicine', Jaypee Publications
- 22) Walton, 'Community Concepts & Practice', Scuzt Foresmen Publications
- 23) Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications
- 24) Babu Sheshu, 'Review in Community Medicine', Paras Publication
- 25) Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- 26) Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- 27) Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- 28) Clarke, 'Preventive & Community Medicine', Boston Little Brown Company.

### **INTERNAL ASSESSMENT (THEORY)**

<b>Sr. no</b>	<b>Assessment</b>	<b>Marks</b>
<b>1</b>	Mid term exam,	50
<b>2</b>	Pre - final	75
<b>3</b>	Seminar (25 x 2)	50
	<b>Total</b>	<b>175</b>

**For Internal Assessment marks 175 be converted out of 25**

### **INTERNAL ASSESSMENT (PRACTICAL)**

<b>Sr. no</b>	<b>Assignments</b>	<b>Marks</b>
<b>1</b>	Family Care Study Urban -1	50
<b>2</b>	Family Care Study Rural -1	50
<b>3</b>	Family Health Care Plan -2	50
<b>4</b>	Home Procedure Evaluation -2	100
<b>5</b>	Training of different categories of health personnel	100
<b>6</b>	School Health Programme	100
<b>7</b>	Health talk -2	200
<b>8</b>	Clinical evaluation in different areas of placement	100
	<b>Total</b>	<b>750</b>

**For practical Internal Assessment marks 750 to be converted out of 100**