

LESSON PLAN
BASIC B.Sc. NUSING I YEAR
FIRST SEMESTER

Subject code: 3

Subject: Nursing Foundation practical

Faculty: Mrs. D.Priya, Mrs. Jasmin, Mrs. Dhanashree K, Mrs. Leena M, Mrs. Heera. B, Mr.Sanjay. S

Units	Topics	No.Of lectures	Lectures serial no.
Hospital admission and discharge (III)	Hospital admission and discharge		1
	• Admission	1	2
	• Prepare Unit for new patient	1	3
	• Performs admission procedure	1	4
	• New patient	1	5
	• Transfer in	1	
	• Prepare patient records		
	Discharge/ Transfer out		
	• Gives discharge counseling	1	6
	• Perform discharge procedure (Planned discharge, LAMA and abscond, Referrals and transfers)	1	7
• Prepare records of discharge/ transfer	1	8	
• Dismantle, and disinfect unit and equipment after discharge / transfer	1	9	
		1	10
Perform assessment:	Perform assessment:		
	• History taking,	4	14
	• Nursing diagnosis, problem list, Prioritization, goals	4	18
	• Expected Outcomes, selection of interventions	4	22
	• Write Nursing care plan	4	26
• Gives care as per the plan	1	27	

Communication	Communication		
	• Use verbal and non verbal communication techniques	2	29
	• Prepare a plan for patient teaching session	2	31
	Write patient report		
	• Change shift reports Transfer reports, Incident reports etc.	4	35
	• Presents patient Report	2	37
Vital signs	Vital signs		
	○ Measure, Records and interpret alterations in body temperature ,	8	45
	○ Measure, Records and interpret alterations in body pulse & Respiration	8	53
	○ Measure, Records and interpret alterations in body blood pressure	8	61
Health assessment	Health assessment		
	• Health history taking	2	63
	• Perform assessment:	2	65
	• General	2	67
	• Body systems	2	69
	• Use various methods of physical examination	2	71
	• Inspection,	2	73
	Palpation,	2	75
	Percussion,	2	77
	Auscultation,	2	79
Olfaction			
Identification of system wise deviations	2	81	

Meeting needs of the patient:	Meeting needs of the patient:		
	• Prepare beds:	2	83
	• Open , closed ,	2	85
	• Occupied, operation ,		
	• amputation,	2	87
	• Cardiac, fracture,		
	• burn, Divided, &	2	89
	• Fowlers bed		
	• Pain assessment and provision for comfort		
	Oxygen administration	2	91
	Methods, Suctioning: of pharyngeal, nasopharyngeal		
	Chest physiotherapy and postural drainage	2	93
	Care of Chest drainage	2	95
	CPR- Basic life support	2	97
Use comfort devices Hygienic care:	2	99	
• Oral hygiene:	2	101	
• Baths and			
• care of pressure points	2	103	
• Hair wash,			
• Pediculosis Treatment	2	105	

REFERENCES

1. Kozier B, Erb, G & Oliver, R : Fundamentals of Nursing ;4th ed.
California, Addison Wesley., 1991
2. Perry, A.G. & Potter, P.A.: Basic nursing essentials of practice; 5th ed. St. Louis, Mosby, 2003
3. Potter, P.A. & Perry, A.G.: Fundamentals of nursing; 5th ed. Mosby Harcott (India) Pvt. Ltd.
4. Beverly Witler Dugas : Introduction to patient care ; 4th ed., Saunders, 2002
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U.S.A. Delmer Thompson Learning,
6. Luckmann, J & Sorensen, K.C.: Basic nursing: a psychophysiologic approach ;
3rd ed., W. B. Saunders, 2002
7. Park, J.E. :Text book of preventive and social medicine ; 17th ed., Banarasidas Bhanot, 2003