LESSON PLAN BASIC B.Sc. NUSING I YEAR

Subject code: 3 Subject: Nursing Foundation Faculty: Ms. Vaishali Jagtap

Units	Topics	No.Of lectures	Lectures serial no.
I Introduction To	 Concept of Health: Health illness continuum Factors influencing 	1	1
Fundamental Of Nursing.	health • Causes and risk factors	1	3
	for developing illness. • Body defenses: Immunity and immunization	1	4
	Illness and illness Behavior	1	5
	Impact of illness on patient and family	1	6 7
	 Health care services: Health Promotion and Prevention, Primary care, Diagnosis, Treatment, Rehabilitation and Continuing care, Health care teams 	1	8
	 Types of health care agencies: Hospitals: Types, Organization and Functions 	1	9
	Heath Promotion and levels of disease Prevention Primary health care and its delivery: role of Nurse	1	10
II Nursing as a	 Definition and Characteristics of a profession Nursing :- 	2	11-12
profession	 Definition , Concepts, philosophy , objectives Characteristics, nature and scope of nursing practice Functions of nurse Qualities of a nurse Categories of nursing personnel Nursing as a profession History of Nursing in India Values : Definition, Types, Values Clarification and values in professional Nursing : Caring and Advocacy 	6	13-18
	 Ethics: Definition and Ethical Principal Code of ethics and professional conduct for nurses 	4	19-22

	Consumer rights Patients Bill of rights	4	23-26
III Hospital admission and discharge	 Admission to the hospital Unit and its preparation admission bed Admission procedure Special considerations Medico-legal issues Roles and Responsibilities of the nurse *Discharge from the hospital Types: Planned discharge, LAMA and abscond, Referrals and transfers Discharge Planning Discharge procedure Special considerations Medico-legal issues Roles and Responsibilities of the nurse Care of the unit after discharge discharge, LAMA and abscond, Referrals and transfers Discharge Planning Discharge procedure Special considerations Medico-legal issues Roles and Responsibilities of the nurse Care of the unit after discharge 	2	27-28
IV Communication and Nurse patient relationship	 Communication: Levels, Elements, Types, Modes, Process, Factors influencing Communication Methods of effective Communication Attending skills Rapport building skills Empathy skills Barriers to effective communication Helping Relationships (NPR): Dimensions of Helping Relationships, Phases of a helping relationship Communication effectively with patient, families and team members and maintain effective human relations with special reference to communication with vulnerable group(children ,women physically and mentally challenged and elderly) 	2 1 1 1 1 1 1 2	31-32 33 34 35 36 37 38

 Critical Thinking and Nursing Judgment Critical Thinking: Thinking and Learning. Competencies, Attitudes for critical Thinking, Levels of critical thinking in Nursing Nursing Process Overview: Application in Practice Nursing process format: INC current format Assessment Collection of Data: Types, Sources, Methods Formulating Nursing judgment: Data interpretation Nursing diagnosis Identification of client problems Nursing diagnosis statement Difference between medical and nursing diagnosis 	1 1 1 1 1 2	41 42 43 44 45 46 47-48
 Establishing Priorities Establishing Goals and Expected Outcomes, Selection of interventions: Protocols and standing Orders Writing the Nursing Care Plan Implementation Implementing the plan of care Evaluation Outcome of care Review and Modify Documentation and Reporting 	2 2	49-50 51-52 53-54
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 Documentation: Purpose of Recording and reporting, Communication within the Health Care Team, Types of records; ward records, medical/nursing records, Common Record-keeping forms, Computerized documentation Guidelines for Reporting: Factual basis, Accuracy, completeness, Organization, confidentiality Methods of recording, Reporting: Change –of shift reports, Incident reports Minimizing legal Liability through effective record keeping 	1 1 1	56 57 58 59
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XV care of terminally ill patient	 Conceptual and theoretical models of nursing practice: Introduction to models- holistic model, health belief model, health promotion model etc Introduction to Theories in Nursing; Peplau's, Henderson's Orem's 	1 1 1	255 256 257 258 259
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PRACTICUM: demonstration and re-demonstration - 200 Hrs.

Nursing process application.

- Select two patients and write nursing care plan. 450 Hrs.

EVALUATION:

Paper -3, Subject -Nursing Foundation, Duration -3HRS

Internal Assessment-25, External Assessment-75, Total Marks= 100

Internal Assessment: 25 Marks

(Out of 25 Marks to be send to the University)

Unit test I: 25 Marks Unit test II: 50Marks Prelim: 75 Marks Assignment: 25 marks Total: 150 Marks

External Assessment (Theory): 75 Marks

(University Examination)

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