

**DR D.Y. PATIL DEEMED UNIVERSITY,  
COLLEGE OF NURSING  
PIMPRI, PUNE-18**

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**SUBJECT: CHILD HEALTH NURSING  
FIRST YEAR PB. BSC. NURSING  
FACULTY: DR. SHWETA JOSHI**

UNIT	TOPIC	NO OF LECTURES	LECTURE SERIAL NO
UNIT-I INTRODUCTION TO CHILD HEALTH NURSING 8 hours	INTRODUCTION TO CHILD HEALTH NURSING  -Modern concept of child care -Internationally accepted rights of the child. -Changing trends in hospital care, preventive, promotive and curative aspects	1 1 1	



<p>THE HEALTHY CHILD 12 hours</p>	<p>-Growth &amp; development ---. Principles &amp; factors affecting growth &amp; development. -Assessment of growth and development Growth &amp; development from birth to adolescence, needs of normal children through stages of development and parental guidance. -Nutritional needs of infants and children principles of paediatric nutrition Breast feeding Artificial feeding &amp; Weaning -Infancy ,toddler, pre schooler, school age child and adolescents. -Role of play in children - Need, importance and value of play, selection of play material and nurse's role. -Preventive immunization</p>	<p>2 2 2 3 2 1</p>	<p>12hrs</p>
<p>UNIT III  CARE OF THE NEWBORN 4 hrs.</p>	<p>CARE OF THE NEWBORN.  - Characteristics and care of a newborn. - Asphyxia neonatorum &amp; neonatal</p>	<p>1 1 1</p>	<p>4hrs</p>

	<p>resuscitation.</p> <ul style="list-style-type: none"> <li>- Low birth weight infants</li> <li>- Nursing management of common neonatal disorders. <ul style="list-style-type: none"> <li>-Neonatal jaundice &amp; photo therapy</li> <li>-Neonatal sepsis &amp; hypoglycemia</li> <li>-Organization of Neonatal units, <ul style="list-style-type: none"> <li>Prevention &amp; Control of infection</li> </ul> </li> <li>-Critical care concept in child health</li> </ul> </li> </ul>	1	
<p>UNIT IV</p> <p>NURSING MANAGEMENT OF COMMON CHILDHOOD ILLNESS..</p>	<p>NURSING MANAGEMENT OF COMMON CHILDHOOD ILLNESS.</p> <p>(a) Nutritional deficiency disorders.</p> <ul style="list-style-type: none"> <li>- Protein energy malnutrition</li> <li>- Vitamin deficiency disorders <ul style="list-style-type: none"> <li>(Rickets, scurvy, Vit A deficiency disorders)</li> </ul> </li> </ul> <p>(b) Respiratory diseases &amp; disorders.</p> <ul style="list-style-type: none"> <li>- Acute bronchitis &amp; Bronchiolitis</li> <li>- Pneumonia</li> </ul>	<p>2</p> <p>2</p> <p>3</p> <p>4</p>	32hrs

- Bronchial Asthma		
(c) Disorders of the gastrointestinal system.		
- Acute gastroenteritis	3	
- Tracheo esophageal fistula		
- Cleft lip and palate		
- Hypertrophic Pyloric Stenosis	3	
- Hirschsprung's disease & Intestinal Obstruction	3	
- Anorectal anomalies		
(d) Cardiovascular system		
- Rheumatic fever		
- Congenital heart diseases	1	
- Congestive cardiac failure	1	
( e) Disorders of Genito urinary System		
- Acute glomerulo nephritis	2	
- Nephrotic Syndrome	2	
- Wilm's tumour & Congenital disorders		
( f) Neurological disorders	4	
- Convulsions in children & Epilepsy		
- Meningitis & Encephalitis		
- Hydrocephalus, Meningocele and meningocele	2	
(g) Haematological disorders		

	<ul style="list-style-type: none"> <li>- Anaemia &amp; Thalassemia</li> <li>- Idiopathic thrombocytic Purpura &amp; Hemophilia</li> <li>- Leukemia</li> <li>(h) Endocrine Disorders <ul style="list-style-type: none"> <li>- Juvenile Diabetes Mellitus</li> </ul> </li> <li>(i) Orthopaedic Disorders <ul style="list-style-type: none"> <li>- CTEV (Club foot) , Congenital hip dislocation</li> <li>- Fractures</li> </ul> </li> <li>(j) Disorders of Skin, Eye &amp; ENT <ul style="list-style-type: none"> <li>Skin : Eczema, urticaria, scabies,pediculosis, Worm infestations</li> <li>Eye &amp; ENT : Tonsillitis, Deafness, Otorrhoea, Otitis Media, Cong Cataract, Hypertelorism</li> </ul> </li> <li>(k) Communicable Diseases in Children <ul style="list-style-type: none"> <li>- Measles/rubella, Chicken pox</li> <li>- Diphtheria, whooping cough</li> <li>- Tetanus, Poliomyelitis</li> <li>- AIDS</li> <li>- Tuberculosis</li> </ul> </li> <li>(l) Paediatric Emergencies <ul style="list-style-type: none"> <li>- Accidents, Poisoning ,Stings &amp; Bites</li> <li>- Foreign bodies, Haemorrhage &amp;</li> </ul> </li> </ul>		
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	Drowning Burns		
UNIT V	MANAGEMENT OF BEHAVIOURAL PROBLEMS IN CHILDREN CHILDHOOD ILLNESS		4hrs
MANAGEMENT OF BEHAVIOURAL PROBLEMS IN CHILDREN CHILDHOOD ILLNESS.	-Enuresis, Encoprecis, temper tantrums	2	
	somnambulism, juvenile delinquency, speech defects, tics, pica, antisocial behaviour	1	
	-Management of challenged children Need for early diagnosis ,treatment and rehabilitation of Mentally challenged – Mental retardation -Physically challenged – Cerebral palsy - Socially challenged – Child abuse & child labour	1	
	TOTAL	60hrs	

**REFERENCES:**

1. Marlow Dorothy and Redding. Text book of Peadiatric Nursing. 6<sup>th</sup> edition Hartcourt India Ltd, New Delhi,2001.
2. Wong Dona et al. Whaley and Wongs Nursing care of Infants and children. 6<sup>th</sup> edition. Mosby Company, Philadelphia,2000.
3. Black G Florence and Wright. Essential of Paediatric Nursing. JB Lippincott & Co. Philadelphia.
4. Parthasarathy et al. IAP Text book of Peadiiatrics. 1<sup>st</sup> edition Jaypee Brothers, New Delhi-2000

5. Ghai OP et al. Ghai's Essentials of Paediatrics. 5<sup>th</sup> edition. Mehta Offset works, New Delhi, 2000
6. Vishwanathan and Desai. Achar's Text book of Paediatrics. 3<sup>rd</sup> edition.  
Orient Langman. Chennai, 1999.