

**PBB B.Sc. NUSING II YEAR THIRD SEMESTER**

**Subject: Community health nursing**

**Theory hours: 60**

**Practical hours: 240**

**Faculty: Mrs. Pooja Nikam**

Units	Topics	No.Of lectures	Lectures serial no.
<b>UNIT I- INTRODUCTION TO COMMUNITY HEALTH AND COMMUNITY HEALTH NURSING</b>	• Introduction to community health – Concepts, Principles and elements of Primary Health Care.	2	2
	• Introduction to Community Health Nursing	2	4
	• Concepts of Community Health Nursing- Community Nursing Process.	2	6
	• Objectives, scope and Principles of Community Health Nursing.	2	8
<b>UNIT II- FAMILY HEALTH SERVICES</b>	• Family Health Services- Concept, objectives, scope and principles.	2	10
	• Individual, family and community as a unit of service.	1	11
	• Principles and techniques of home visiting.	1	12
	• Establishing working relationship with the family	1	13
	• Working with families in relation to prevention of disease promotion of health,	2	15
	• Care of the sick in the home, physically handicapped and mentally challenged.	2	17
	• Surveillance and monitoring	1	18
<b>UNIT III- HEALTH ADMINISTRATION IN INDIA</b>	• Organization and administration of health services at central, state, district level and Rural Health Services (Panchayati Raj).	2	20
	• National Health Policy	1	21
	• Health Care Delivery system in India.	1	22
	• Health team concept.	1	23
	- central, state, district level and Rural Health Services (Panchayati Raj).	1	24

	- System of medicines	1	25
	- Centrally sponsored health schemes	1	26
	- Role of voluntary health organizations and international health agencies	1	27
	- Role of health personnel in the community	1	28
<b>UNIT IV- HEALTH EDUCATION</b>	• Aims, concepts and scope of health education.	1	29
	• Communication and health education.	1	30
	• Methods and media for health education in community.	1	31
	• Planning for health education and role of nurse in Information Education & Communication	2	33
<b>UNIT V- ROLE OF NURSE IN NATIONAL HEALTH PROGRAMMES</b>	• Role of the community health nurse	2	35
	• National Health Programmes	1	36
	- Maternal and child health programmes	3	39
	- Family welfare and school health services	3	42
	- Occupational health services	2	44
	• As a member of health team	2	46
	• Training and supervision of health care workers.	2	48
<b>UNIT VI EPIDEMIOLOGY</b>	• Definition – Concepts, aims, objectives, methods, principles,	2	50
	• Epidemiology – Theories and Models	2	52
	• Application of Epidemiology, principles and concepts in community health.	2	54
<b>UNIT VII BIO STATISTICS AND VITAL STATISTICS</b>	• Introduction, definition and scope, legislation.	1	55
	• Report, recording and compiling of vital statistics at the local State, National and International level.	2	57
	• Definitions and methods of computing vital statistics.	1	58
	• Methods of presenting data.	1	59
	• Management Information System.	1	60

## REFERENCES

1. Basvanthappa B. T. – Community Health Nursing 2002.
2. Park J. E. - Preventive and social Medicine 17<sup>th</sup> edition 2003
3. Stanhope - Community nursing and promoting Health of the aggregate families and Individuals - II<sup>nd</sup> edition 1988
4. Stanhope - Community Health Nursing process and practice for practitioner IV<sup>th</sup> Edition 1962
5. Stanhope Routh- Community Health Nursing Workbook, Family as a client, New Delhi 1982
6. Spradely and Barbara – Community Health Nursing
7. Mahajan B. K. – Textbook of Preventive and Social Medicine, II<sup>nd</sup> edition 1995.
8. NajooKotwal – Revised by TNAI “ Public Health Manual “ 1989

## **PRACTICUM**

- Each students will prepare to community profile.
- The students will be allotted families to give comprehensive nursing care through nursing process approach in Urban / Rural area.
- The students will participate in activities of Primary Health Center, Sub Centre, Community Health Centres, MCH Centre etc.
- Visit to the selected Health and Welfare agencies.
- To plan and conduct Health Education Programmes – individual/ groups/ community/Mass Health Education and Health Exhibition, to prepare simple A.V. AIDS.
- To supervise students and other health workers in the community settings.
- Students will be posted atleast 2 weeks for rural community health experience.
- To conduct simple family health survey analyze the data collected (Community diagnosis).
- To write two family health care studies in urban and rural area. (One in each)

**CLINICAL EXPERIENCE :**

**TOTAL HOURS : 240**

**I) Urban Public Health Experience**

**hours 160**

- Family oriented Health care **hours 40**
- Community Assessment / Community diagnosis (Family Health Survey). **hours 30**
- School Health Programme **hours 20**
- Health Education **hours 20**
- Urban Public Health Centres (Various Clinics) **hours 30**
- Educational Visits **hours 20**

**II) Rural Public Health Experience hours**

**80 (2 weeks)**

**1. Participation in Primary Health Care**

**hours 30**

PHC, SC, R.H., etc

**2. Family oriented Health care**

**hours 10**

**3. Public Health Administration**

**hours 10**

**4. Visits to various Health agencies**

**hours 20**

(Zila Parishad, D.T.C. District Training Centre, Community Health Centre)

**5. Health Education Programme**

**hours 10**

**EVALUATION :**

**Internal Assessment:**

**Theory: 25 Marks**

**Practical: 50 Marks**

**Details as follows:**

**Internal Assessment (Theory): 25 Marks**

(Out of 25 Marks to be send to the University)

Unit Test –I: 25 Marks

Pre-Final: 75 Marks

**Total: 100 Mark**

(100 Marks from Unit Test&Pre-Final (Theory) to be converted into 25 Marks)

**Internal Assessment (Practical): 50 Marks**

**Practical Exam:**

Unit Test –I:

25 Marks

Pre-Final Exam:

50Marks

**Clinical Evaluation & Clinical Assignment:**

**325 Marks**

1. Clinical Evaluation (family oriented care Urban Area)

100 Marks

2. Community Health Survey & Community diagnosis	25 Marks
3. Family Health Care Study (Urban & Rural settings) (50 marks each)	100 Marks
4. School Health Programme	25 Marks
5. Health Education	25 Marks
6. Rural Public Health (as per guideline):	50 Marks
<b>Total:</b>	<b>400 Marks</b>

(400 Marks from Practical to be converted into 50 Marks)

**External Assessment: (University Examination)**

Theory: 75 Marks  
Practical: 50 Marks