

### Fourth Year B.Sc. Nursing

Subject: - Community Health Nursing

Faculty: - Ms. Gurpreet Bumrah

UNIT	TOPIC	Number of	Lecture
1 Introduction	<ul style="list-style-type: none"> <li>• Definition, concept &amp; scope of community</li> </ul>	1	1
	<ul style="list-style-type: none"> <li>▣▣Historical development of</li> <li>- Community Health</li> <li>- Community Health Nursing</li> </ul>	1	2
	<ul style="list-style-type: none"> <li>• Client's rights-CPA</li> <li>Professional responsibility in community</li> </ul>	1	3
	<ul style="list-style-type: none"> <li>• Ethical principles</li> <li>- Application of ethics in Community health practice</li> </ul>	1	4
2 Health Planning and Polices	▣▣National health planning in India Five year	1	5
	<ul style="list-style-type: none"> <li>▣▣Various committees and commissions on health and family welfare</li> <li>Central Council for Health and Family</li> </ul>	1	6
3 Delivery of community health services	- National Health Polices (1983, 2002)	1	7
	<ul style="list-style-type: none"> <li>- National Population Policy</li> <li>- Rural Health Mission</li> </ul>	1	8
	▣▣Health problems in India	1	9
	▣▣Planning, budgeting and material management of  SCs, PHC and CHC	1	10

	<p>☑☑Rural: Organization, staffing and functions of rural health services provided by government at:</p> <ul style="list-style-type: none"><li>- Village</li><li>- Sub centre</li></ul>	2	11-12
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	<ul style="list-style-type: none"> <li>- Community health center/ sub divisional</li> <li>- Hospitals</li> <li>- District</li> </ul>		
	<ul style="list-style-type: none"> <li>☐☐Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> <li>- Slums</li> <li>- Dispensaries</li> <li>- Material and child health centers</li> </ul> </li> </ul>	2	13-14
	<ul style="list-style-type: none"> <li>☐☐Components of health services <ul style="list-style-type: none"> <li>- Environmental sanitation</li> <li>- Health education</li> <li>- Vital statistics</li> <li>- M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act</li> <li>- Family welfare</li> <li>- National health programmes</li> </ul> </li> </ul>	4	15-18
	<ul style="list-style-type: none"> <li>Systems of medicine and health care <ul style="list-style-type: none"> <li>- Allopathy</li> <li>Indian system of medicine and Homeopathy</li> </ul> </li> </ul>	2	19-20
	Referral system	1	21
4	<ul style="list-style-type: none"> <li>☐☐Approaches <ul style="list-style-type: none"> <li>- Nursing theories and nursing process</li> <li>- Epidemiological approach</li> <li>- Problem solving approach</li> </ul> </li> </ul>	2	22-23
Community Health Nursing approaches, concepts and roles and responsibilities of nursing personnel	<ul style="list-style-type: none"> <li>Concepts of primary Health Care: <ul style="list-style-type: none"> <li>- Equitable distribution</li> <li>- Community participation</li> <li>- Focus on prevention</li> </ul> </li> </ul>	2	24-25
	Roles and responsibilities of Community	14	26-39

	<p>nursing personnel in</p> <ul style="list-style-type: none"> <li>- Family health services</li> </ul> <p>Information Education Communication (IEC) Management information System (MIS): maintenance of Records &amp; Reports</p> <ul style="list-style-type: none"> <li>- Training and supervision of various categories of health workers</li> <li>- National Health Programmes</li> <li>- Environmental sanitation</li> <li>- Maternal and child health and family welfare</li> <li>- Treatment of minor ailments</li> </ul>		
	<ul style="list-style-type: none"> <li>□□Home visit: Concept, Principles, Process, techniques: Bag Technique</li> </ul>	3	40-43
	Qualities of Community Health Nurse	1	44
	Job description of Community health nursing personnel	3	45-48
5	<ul style="list-style-type: none"> <li>□□Empowerment for self-care of individuals, families and groups in –</li> </ul>	1	50
Assisting individuals and groups to promote and maintain their health	<p>A. Assessment of Self and family</p> <ul style="list-style-type: none"> <li>- Monitoring growth and development</li> <li>- Mile stones</li> <li>- Weight measurement</li> <li>- Social development</li> <li>- Temperature and Blood pressure monitoring</li> </ul>	2	51-52
	<p>B. seek health services for</p> <ul style="list-style-type: none"> <li>- Routine checkup</li> <li>- Immunization</li> <li>- Counseling diagnosis</li> </ul>	2	53-54
	D. Continue medical care and follow up	1	55

	community for various diseases and disabilities		
	E. Carryout therapeutic procedures as prescribed/	2	56-57
	F. Waste Management □ Collection and disposable of waste	2	58-59
	G. Sensitize and handle social issues affecting health and development for self and family  □□ Women Empowerment □□ Women and child abuse □□ Abuse of elders	4	60-64
	H. Utilize community resources for self and family  - Trauma services - Old age homes - Orphanage	1	65
6 National Health and family Welfare programmes and the role of a Nurse	1. National API programme	1	66
	2. Revised National tuberculosis control programme (RNTCP)	1	67
	3. National Anti- Malaria programme	2	68-69
	4. National Filaria control programme		
	6. National Leprosy eradication programme	1	70
	7. National AIDS control programme		
	9. National Programme for Control of blindness	1	71
	10. Iodine deficiency disorder programme	1	72
	11. Expanded programme on immunization	1	73
	12. National Family welfare Programme – RCH programme historical development, organization, administration, research,	1	74
	13. National water supply and sanitation	1	75
	14. Minimum Need programme	1	76
	15. National diabetics control programme		
	16. Polio eradication: pulse polio		

	17.National cancer control programme	1	77
	18.Yaws eradication programme	1	78
	19.National Nutritional Anemia	1	79
	20. point programme	1	80
	21.ICDS programme	1	81
	22.Mid-day meal applied nutritional programme	1	82
	23.National mental health programme	1	83
	□□Health Schemes - ESI -CGHS	2	84-85
7 Health Agencies  International	- WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO, CARE etc	3	86-88
	National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India etc.	2	89-90

### Internal assessment

Sr. No.		Marks
1	Perodic exam	25
2	Mid term	50
3	Prefinal	75
	Total marks	150

(150 Marks to be converted in to 15 Marks for Internal Assessment)

Sr. No.	Assignments	Marks
1	Seminar	50

(50 Marks to be converted in to 05 Marks for Internal Assessment)

Sr. No.	PRACTICAL EXAMINATION	Marks
1	Viva voce	25
2	Mid term	50
3	Prefinal	50
4	Family Care Study	50
5	Mid term	50
6	Procedure evaluation	50
7	Family Folders	50
8	Clinical evaluation	200
	Total marks	575

(575 Marks to be converted in to 50 Marks for Internal Assessment)

## Bibliography

- 1) Jayawanti, TNAI Nursing Manual, TNAI publication
- 2) K.Park, 'Text Book of Preventive & Social Medicine'
- 3) K.Park, Essentials of Community Health Nursing,
- 4) Rao Kasturi, 'An Introduction to Community Health Nursing', I publications.
- 5) Freeman Ruth, 'Community Health Nursing Practice'
- 6) Stanthope Lancaster, 'Community Health Nursing Process & Practice', Popular publication.
- 7) Basvantappa B.T, 'Community Health Nursing'
- 8) Anderson, 'Community as Partner, Theory & Practice'.
- 9) Allender, 'Community Health Nursing' B.I. Publications
- 10) Harpson, 'Hand Book of Community Health Nursing'
- 11) Shastr , 'Preventive & Social Medicine', National Publications
- 12) Sathe , 'Epidemiology & management of Health Care', Popular Publications
- 13) Vasundhara & Basvantappa , 'Community Health Nursing', Jaypee ublication
- 14) Mc. Evens M. 'Community based Nursing', Sanmdess publication
- 15) Kulkarni & Baride, 'Text Book of Community medicine', Vora Publications.
- 16) Cookfair Joan, 'Nursing Care in Community', Moby Publications
- 17) Maxey Public, 'Health & Preventive Medicine', Applin Colage Publications
- 18) Lippincotts, 'Community Health Nursing', Lrppincotts Publications
- 19) K.Park , 'Text Book of Preventive & Social Medicine'
- 20) Saunder, 'Essentials of Community based Nursing', Jones & Balet ublications
- 21) Mahajan Gupta, 'Textbook of Preventive & Social Medicine', Jaypee Publications
- 22) Walton, 'Community Concepts & Practice', Scuzt Foresmen Publications
- 23) Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications

- 24) Babu Sheshu, 'Review in Community Medicine', Paras Publication
- 25) Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- 26) Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- 27) Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- 28) Clarke, 'Preventive & Community Medicine', Boston Little Brown Company