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Basic B.Sc Nursing III Year

Subject; Child Health Nursing **Faculty;** Mrs.Shweta Joshi

| UNIT | TOPIC | Number of lecture | Lecture Serial No |
|--------------------|---|-------------------|----------------------|
| I | Introduction to modern concept of child care & | | |
| Introduction: | history, principles & scope of child health nursing. | 1 | 1 |
| Modern concept | | | |
| of child care. | | | |
| | • Internationally accepted rights of the Child National | 1 | 2 |
| | policy & legislations in relation to | | |
| | child health & welfare. | | |
| | National programmes related to child health & welfare. | 1 | 3 |
| | Agencies related to welfare services to the children | 1 | 4 |
| | Changing trends in hospital care, preventive, | 1 | 5 |
| | promotive & curative aspects of child health. | | |
| | Child morbidity & mortality rates. | 1 | 6 |
| | Differences between an adult & child. | 1 | 7 |
| | Hospital environment for a sick child | 1 | 8 |
| | Impact of hospitalization on the child & | 1 | 9 |
| | family. | | |
| | Grief & bereavement | 1 | 10 |
| | The role of a child health nurse in caring | 1 | 11 |
| | for a hospitalized child. | | |
| | Principles of pre & post-operative care of | 1 | 12 |
| | infants & children. | | |
| | Child health nursing procedures | 2 | 13,14 |
| | Tutorial | 1 | 15 |
| II | Principles of growth & development. | 1 | 16 |
| The healthy child. | Factors affecting growth & development | | |
| | Growth & development from birth to Adolescence. | 1 | 17 |
| | The needs of normal children through the stages of developmental & parental | 5 | 18-22 |

| | guidance | | |
|-----------------|---|---|-------|
| | Nutritional needs of children & infants: | 2 | 23-24 |
| | Breast feeding, supplementary & artificial | | |
| | feeding & weaning. | | |
| | Baby friendly hospital concept | 1 | 25 |
| | Accidents: causes & prevention | 1 | 26 |
| | Value of play & selection of play material | 2 | 27-28 |
| | Preventive immunization, immunization | 2 | 29-30 |
| | Programme & cold chain. | | |
| | Preventive pediatrics | 1 | 31 |
| | Care of under five & under five clinics/ well baby clinic | 1 | 32 |
| | Tutorial | 3 | 33-35 |
| III | Nursing care of a normal newborn/ Essential newborn | 4 | 36-39 |
| Nursing care of | care. | | |
| a neonate. | | | |
| | Neonatal resuscitation | 1 | 40 |
| | Nursing management of a low birth | 4 | 41-44 |
| | weight baby & high risk babies. | | |
| | Kangaroo mother care | 1 | 45 |
| | Organization of neonatal unit | 1 | 46 |
| | Identification & nursing management of | 1 | 47 |
| | common neonatal problems | | |
| | Nursing management of babies with | 2 | 48-49 |
| | common congenital malformations. | | |
| | Control & prevention of infection in N.I.C.U. | 1 | 50 |
| IV | Health strategies: National population | 2 | 51-52 |
| Integrated | policy- | | |
| management of | RCH camps & RCH outreach schemes | | |
| neonatal | | | |
| &childhood | | | |
| illnesses | | | |
| (IMNCI). | | | |
| | Operationalization of district newborn | 2 | 53-54 |
| | care, home based neonatal care. | | |
| | Border district cluster strategy. | 1 | 55 |
| | Integrated management of infants & | 3 | 56-58 |
| | children with illnesses like diarrhea, | | |
| | A.R.I., malaria, measles & Malnutrition | | |
| | Nurses' role: IMNCI. | 2 | 59-60 |
| V | Nutritional deficiency disorders. | 1 | 61 |
| Nursing | | | |
| management in | | | |
| common | | | |
| childhood | | | |

| diseases | | | |
|---------------|---|---|-------|
| | Respiratory disorders & infections. | 2 | 62-63 |
| | Gastro-intestinal infections, infestations, & | 2 | 64-65 |
| | congenital disorders. | | |
| | Cardio-vascular problems: congenital | 3 | 66-68 |
| | defects & rheumatic fever, rheumatic heart | | |
| | disease. | | |
| | Genito-urinary disorders: acute glomerulo | 2 | 69-70 |
| | nephritis, nephritic syndrome, Wilm's tumour, | | |
| | infections, calculi, & congenital disorders | | |
| | Neurological infections & disorders : | 2 | 71-72 |
| | convulsions, meningitis, hydrocephalus, head injury | | |
| | Hematological disorders: anemia's, thalassemia, ITP, | 2 | 73-74 |
| | leukemia, hemophilia. | | |
| | Endocrine disorders : juvenile diabetes mellitus & | 1 | 75 |
| | other diseases. | | |
| | Orthopaedic disorders: club feet, hip dislocation & | 2 | 76-77 |
| | fracture. Disorders of skin eye & ears. | | |
| | Common communicable diseases in children, their | 1 | 78 |
| | identification, nursing care in hospital & home & | | |
| | prevention. | | |
| | Child health emergencies: poisoning, hemorrhage, | 2 | 79-80 |
| | burns & drowning. Nursing care of infant and children | | |
| | with HIV / AIDS | | |
| /I | Management of common behavioral disorders. | 3 | 81-83 |
| Management of | | | |
| ehavioral & | | | |
| ocial | | | |
| Problems in | | | |
| children. | | | |
| | Management of common psychiatric problems | 2 | 84-85 |
| | Management of challenged children: | 1 | 86 |
| | Mentally, physically, & socially challenged. | 1 | 87 |
| | Welfare services for challenged children in India. | 1 | 88 |
| | Child guidance clinics | 1 | 89 |
| | Tutorial | 1 | 90 |

Text Book;

- 1. Ghai O.p. et al. (2007) Ghai's Essentials of Paediatrics. 2nd edn. Mehta offset works. New Delhi
- 2. Marlow Dorothy & Redding. (2001) Textbook of Paed. Nsg. 6th edn. Harbarcourt India ltd. New Delhi.
- 3. Piyush Gupta, Essential pediatric nursing, 2nd edition, CBS publishers, 2008.
- 4. Parul Datta, Pediatric nursing, 2nd edition, Jaypee brothers medical publishers, 2009.
- 5. Swarna Rekha Bhat, Achar's Text book of pediatrics, 4th edition, University press(India) private limited,2009.

Reference;

- 1. Parthasarathy.A, IAP text book of pediatrics, 3rd edition, 2007. Jaypee brothers publication, 2007.
- 2. Meherben Singh, Pediatric clinical method, 3rd edition, sagar publication, New Delhi, 2006
- 3. Hockenberry.J.Marilyn, Wilson David, Wong's Essential of pediatric nursing, 8th edition, Elsvier publication, 2009.
- 4. Manoj Yadav, A manual of child health nursing, 1st edition, S.Vikas & Co publishing house, Jalandhar, 2011.

Internal Mark Distribution;

I. Internal assessment:

Theory:

Maximum marks 25

| | Marks |
|-------------|-------|
| Periodical | 25 |
| Midterm | 50 |
| Prefinal | 75 |
| Total marks | 150 |

Practical: Maximum marks 50

| SR. NO | | MARKS |
|--------|--|-------|
| 1 | Case presentation - (Paed Medical / Surgical 01) | 50 |
| 2 | Case study - (Paed. medical. / surgical. 01) | 50 |
| 3 | Nursing care plan 03 3 x 25 | 75 |
| 4 | Clinical evaluation of comprehensive. 3 X 100 (paed. Medical / surgical / P.I.C.U./ N.I.C.U.) | 300 |
| 5 | Health teaching | 25 |
| 6 | Assessment of growth & development reports. (20 marks each) 5 X 20 (Neonate, infant, toddler, preschooler, & School age) | 100 |
| 7 | Observation report of NICU surgery/ Medical 1 x 25 | 25 |
| 8 | Practical exam: 1. Periodical viva | 25 |
| 9 | 2. Midterm exam | 50 |
| 10 | 3. Preterm exam | 50 |
| | TOTAL | 750 |