



Second Year B. Sc. Nursing

Subject: Community Health Nursing -I

Faculty: Mr. Sandeep Kale

UNIT	TOPIC	No of lectures	Lecture Serial No
UNIT I Concept and dimensions of health 4 hours	Introduction to Community Health Nursing, definition, concept	1	1
	Dimensions of health, Determinants of health	1	2
	Promotion of health, Indicators of health	1	3
	Maintenance of health	1	4
UNIT –II Determinants of health & Environment 18 Hours	Eugenics, Physical : Air, light	1	5
	Environmental factors, contributing Health, Ventilation, water	1	6
	Housing, Sanitation; disposal of waste	1	7
	Disposal of dead bodies, Forestation,	1	8
	Noise, Climate	1	9
	Agents, host carriers and Immunity	1	10
	Arthropods and Rodents	1	11
	Communication, Infrastructure facilities and Linkage	1	12
	Insects, Rodent & Parasite Control Noise Control	1	13
	Disposal of refuse/Sewage	1	14

	Disposal of human excreta, Disposal of the dead	1	15
	Involvement of governmental and non-governmental organizations in environmental health Act Regulation the environment	1	16
	National Pollution Control board, Public health Laws related to Environment & health	1	17
	Food hygiene: Production, Preservation, Purchase, Preparation, Consumption Acts Regulating Food Hygiene- Prevention of food adulteration acts, Drugs and cosmetic act	1	18
	Socio cultural aspects of nutrition in food hygiene Socio-Cultural, Customs, taboos, Marriage System, Family Structure	1	19
	Status of special Group; Females ,Children Elderly, Challenged Groups and Sick Persons	1	20
	Life Style, Hygiene, Physical Activity, Recreation and Sleep, Sexual life, Spiritual life philosophy, Self Reliance, Dietary pattern, Education, Occupation, Financial Management, Income, Budget, Purchasing power, Security	2	21-22
UNIT III Concept, aims, scope, uses, Methods and approach of epidemiology 10 Hours	Epidemiology Definition ,concept ,Aims, scope, uses and terminology used in epidemiology	2	23-24
	Dynamics of Disease transmission: epidemiological triad, Morbidity and mortality:	2	25-26
	Measurements Levels of Prevention	2	27-28
	Methods of epidemiology of Descriptive, Analytical	2	29-30
	Epidemic investigation Experimental	2	31-32
UNIT-IV Epidemiology and nursing management	Epidemiology and nursing management of common Communicable Diseases, Respiratory infections	2	33-34

of common Communicable Diseases 18Hours			
	Small Pox, Chicken Pox, Measles, Influenza, Rubella, ARIs & Pneumonia	2	35-36
	Mumps, Diphtheria, Whooping cough, Meningococcal meningitis, Tuberculosis, SARS	2	37-38
	Intestinal Infections, Poliomyelitis, Viral Hepatitis Cholera, Diarrhoeal diseases, Typhoid Fever	2	39-40
	Food poisoning, Amoebiasis, Dracunculiasis, Arthropod infections, Dengue, Malaria, Filariasis, Zoo noses	2	41-42
	Viral, Rabies, Yellow fever, Japanese encephalitis	2	43-44
	Kyasnur Forest Diseases	1	45
	Bacterial, Brucellosis, Plague, Human salmonellosis	1	46
	Anthrax, Leptospirosis, Rickettsial diseases	1	47
	Rickettsial Zoonoses, Scrub typhus, Murine typhus, Tick typhus	1	48
	Q fever, Parasitic zoonoses, Taeniasis, Hydatid disease, Leishmaniasis, Surface infection	1	49
	Trachoma, Tetanus, Leprosy, STD & RTI, Yaws HIV	1	50
UNIT-V Epidemiology and nursing management of common Non-Communicable Diseases 8 Hours	Any other Epidemiology and nursing management of Non-communicable diseases, Malnutrition: under nutrition, over nutrition, nutritional deficiencies	2	51-52
	Anemia, Hypertension, Stroke, Rheumatic Heart Diseases, Coronary Heart Diseases	2	53-54
	Cancer, Diabetes mellitus, Blindness, Accidents	2	55-56
	Mental illness, Obesity, Iodine Deficiency, Fluorosis, Epilepsy, Asthma, Arthritis	2	57-58
UNIT-VI	Demography, Definition, concept and scope	1	59

Concepts and scope of demography methods of data collection, analysis and interpretation of demographic data 6 Hours			
	Demography cycle	1	60
	Methods of data collection, analysis and interpretation of demographic concepts. and scope of demography	2	61-62
	Describe methods of data collection, analysis and interpretation of demographic data Demographic rates and ratios	2	63-64
UNIT-VII 17 Hours	Population and its Identification, control the Population, impact of explosion, its impact on social, economic, explosion, development of an individual, Indian society and country	6	65-70
	Population, methods of control: Overall population development: in women control, empowerment, social, economic and educational development	4	71-74
	Limiting family size: Promotion of small family norms	2	75-76
	Methods: spacing (natural, biological, chemical, mechanical, etc)	3	77-79
	Terminal: surgical methods, Emergency contraception	2	80-81
UNIT-VIII Concepts & scope of community health service health assessment of individual & family while providing family oriented care Functions of urban & rural health centers Including health Team Members Ethics in community health nursing practice	Introduction to community Health nursing service, Concepts, Definition & scope of community health nursing services.	2	82-83

9 Hours			
	Introduction to family oriented health care (assessment of individual & family)	2	84-85
	Home visit :concepts, steps, principles, advantages	2	86-87
	Functions of urban & rural health centre including health Team Member	1	88
	Ethics in community health nursing practice	1	89
	Consumers Protection Act	1	90

BIBLIOGRAPHY:

1. K. Park, Textbook of Preventive & Social Medicine- current edition
2. K. Park, Essentials of Community Health Nursing
3. Rao kasturi, An Introduction to Community Health Nursing, I publications.
4. Freeman Ruth, Community Health Nursing Practice.
5. Stanthope Lancaster, Community Health Nursing Process & Practice, Popular publication
6. Basavantappa B. T. Community Health Nursing
7. Sathe, Epidemiology & management of Heath Care, Popular publication
8. Mahajan Gupta, Textbook of Preventive & Social Medicine, Jaypee Publications
9. Lancaster, Community Health Nursing Process and Practice for Promoting Health, Mosby Publications.

EVALUATION SCHEME:

Internal assessment: Maximum Marks 25

A) Theory: 15 Marks

Mid term examination	50
Pre Final	75
Total Marks	125

(125 Marks to be converted in to 15 Marks for Internal assessment (Theory))

B) Practicum: 10 Marks

Sr. No		Marks
1	Clinical Evaluation: Community health Nursing Practice	100
2	Family Care Study	50
3	Health Teaching (2 X 25 Marks)	50
4	Community Visit Observation report	25
	Total	225

External assessment

University examination: Theory:-75 Marks