



Dr. D.Y. Patil Vidyapeeth's

Padmashree Dr. D. Y. Patil College of Nursing

Sant Tukaram Nagar, Pimpri, Pune – 411 018

Mail : info.nursing@dpu.edu.in, Website: nursing.dpu.edu.in

Fourth Year B.Sc. Nursing

Subject: - Community Health Nursing

Faculty: - Ms. Kavita Kelkar

UNIT	TOPIC	Number of lecture	Lecture Serial No
1 Introduction	• Definition, concept & scope of community health nursing	1	1
	• Historical development of - Community Health - Community Health Nursing - Pre- Independence - Post – Independence	1	2
	• Client's rights-CPA Professional responsibility in community health care	1	3
	• Ethical principles - Application of ethics in Community health practice - Govt. & legal influence on community Health Nursing practice Law in community Health Nursing	1	4
2 Health Planning and Polices and Problems	• National health planning in India Five year Plan's	1	5
	• Various committees and commissions on health and family welfare Central Council for Health and Family Welfare (CCH and FW)	1	6
3 Delivery of community health services	- National Health Polices (1983, 2002)	1	7
	- National Population Policy		
	- Rural Health Mission	1	8
	• Health problems in India	1	9
	• Planning, budgeting and material management of SCs, PHC and CHC	1	10
• Rural: Organization, staffing and functions of rural health services provided by government at: - Village - Sub centre - Primary health center	2	11-12	

	<ul style="list-style-type: none"> - Community health center/ sub divisional - Hospitals - District - State - Center 		
	<ul style="list-style-type: none"> • Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> - Slums - Dispensaries - Material and child health centers - Special Clinics - Hospitals - Corporation/ Municipality/ Board 	2	13-14
	<ul style="list-style-type: none"> • Components of health services <ul style="list-style-type: none"> - Environmental sanitation - Health education - Vital statistics - M.C.H. antenatal, natal, postnatal, MTP Act, female feticide act, child adoption act - Family welfare - National health programmes - School health services - Occupational health - Defense service - Institutional services 	4	15-18
	<p>Systems of medicine and health care</p> <ul style="list-style-type: none"> - Allopathy Indian system of medicine and Homeopathy - Alternative health care systems like yoga, meditation, social and Spiritual healing etc. 	2	19-20
	Referral system	1	21
4 Community Health Nursing approaches, concepts and roles and responsibilities of nursing personnel	<ul style="list-style-type: none"> • Approaches <ul style="list-style-type: none"> - Nursing theories and nursing process - Epidemiological approach - Problem solving approach - Evidence based approach empowering people to care for themselves 	2	22-23
	<p>Concepts of primary Health Care:</p> <ul style="list-style-type: none"> - Equitable distribution - Community participation - Focus on prevention - Use of appropriate technology - Multi sect oral approach 	2	24-25
	Roles and responsibilities of Community health	14	26-39

	<p>nursing personnel in</p> <ul style="list-style-type: none"> - Family health services Information Education Communication (IEC) Management information System (MIS): maintenance of Records & Reports - Training and supervision of various categories of health workers - National Health Programmes - Environmental sanitation - Maternal and child health and family welfare - Treatment of minor ailments - School health services - Occupational health - Organization of clinics, camps: types, preparation, planning, conduct and evaluation Waste management in the center, clinics etc. 		
	<ul style="list-style-type: none"> • Home visit: Concept, Principles, Process, techniques: Bag Technique home visit 	3	40-43
	Qualities of Community Health Nurse	1	44
	Job description of Community health nursing personnel	3	45-48
5 Assisting individuals and groups to promote and maintain their health	<ul style="list-style-type: none"> • Empowerment for self care of individuals, families and groups in – 	1	50
	<p>A. Assessment of Self and family</p> <ul style="list-style-type: none"> - Monitoring growth and development - Mile stones - Weight measurement - Social development - Temperature and Blood pressure monitoring - Menstrual cycle - Breast, self examination and testicles - Warning signs of various diseases - Tests: Urine for sugar and albumin, blood sugar 	2	51-52
	<p>B. seek health services for</p> <ul style="list-style-type: none"> - Routine checkup - Immunization - Counseling diagnosis - Treatment - Follow up <p>C. Maintenance of health records for self and family</p>	2	53-54
	D. Continue medical care and follow up in	1	55

	community for various diseases and disabilities		
	E. Carryout therapeutic procedures as prescribed/ required for self and family	2	56-57
	F. Waste Management · Collection and disposible of waste at home and community	2	58-59
	G. Sensitize and handle social issues affecting health and development for self and family · ·Women Empowerment · ·Women and child abuse · ·Abuse of elders · ·Female feticide · ·Commercial sex workers · ·Food adulteration · ·Substance abuse	4	60-64
	H. Utilize community resources for self and family - Trauma services - Old age homes - Orphanage - Homes for physically and mentally challenged individuals - Homes for destitute	1	65
6 National Health and family Welfare programmes and the role of a Nurse	1. National API programme	1	66
	2. Revised National tuberculosis control programme (RNTCP)	1	67
	3. National Anti- Malaria programme 4. National Filaria control programme 5. National Guinea worm eradication programme	2	68-69
	6. National Leprosy eradication programme 7. National AIDS control programme 8. STD control programme	1	70
	9. National Programme for Control of blindness	1	71
	10. Iodine deficiency disorder programme	1	72
	11. Expanded programme on immunization	1	73
	12. National Family welfare Programme – RCH programme historical development, organization, administration, research, Constraints	1	74
	13. National water supply and sanitation programme	1	75
	14. Minimum Need programme 15. National diabetics control programme 16. Polio eradication: pulse polio Programme	1	76

	17.National cancer control programme	1	77
	18.Yaws eradication programme	1	78
	19.National Nutritional Anemia Prophylaxis programme	1	79
	20. point programme	1	80
	21.ICDS programme	1	81
	22.Mid day meal applied nutritional programme	1	82
	23.National mental health programme	1	83
	••Health Schemes - ESI -CGHS -Health insurance	2	84-85
7 Health Agencies International	- WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO, CARE etc	3	86-88
	National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India etc.	2	89-90

Internal assessment

Sr. No.		Marks
1	Perodic exam	25
2	Mid term	50
3	Prefinal	75
	Total marks	150

(150 Marks to be converted in to 15 Marks for Internal Assessment)

Sr. No.	Assignments	Marks
1	Seminar	50

(50 Marks to be converted in to 05 Marks for Internal Assessment)

Sr. No.	PRACTICAL EXAMINATION	Marks
1	Viva voce	25
2	Mid term	50
3	Prefinal	50
4	Family Care Study	50
5	Health Talk	50
6	Procedure evaluation	50
7	Family Folders	50
8	Clinical evaluation	200
	Total marks	575

(575 Marks to be converted in to 5 0Marks for Internal Assessment)

Bibliography

- 1) Jayawanti, TNAI Nursing Manual, TNAI publication
- 2) K.Park, 'Text Book of Preventive & Social Medicine'
- 3) K.Park, Essentials of Community Health Nursing,
- 4) Rao Kasturi, 'An Introduction to Community Health Nursing', I publications.
- 5) Freeman Ruth, 'Community Health Nursing Practice'
- 6) Stanthope Lancaster, 'Community Health Nursing Process & Practice', Popular publication.
- 7) Basvantappa B.T, 'Community Health Nursing'
- 8) Anderson, 'Community as Partner, Theory & Practice'.
- 9) Allender, 'Community Health Nursing' B.I. Publications
- 10) Harpson, 'Hand Book of Community Health Nursing'
- 11) Shastr , 'Preventive & Social Medicine', National Publications
- 12) Sathe , 'Epidemiology & management of Health Care', Popular Publications
- 13) Vasundhara & Basvantappa , 'Community Health Nursing', Jaypee ublication
- 14) Mc. Evens M. 'Community based Nursing', Sanmdess publication
- 15) Kulkarni & Baride, 'Text Book of Community medicine', Vora Publications.
- 16) Cookfair Joan, 'Nursing Care in Community', Moby Publications
- 17) Maxey Public, 'Health & Preventive Medicine', Applin Colage Publications
- 18) Lippincotts, 'Community Health Nursing', Lrppincotts Publications
- 19) K.Park , 'Text Book of Preventive & Social Medicine'
- 20) Saunder, 'Essentials of Community based Nursing', Jones & Balet ublications
- 21) Mahajan Gupta, 'Textbook of Preventive & Social Medicine', Jaypee Publications
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- 23) Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications
- 24) Babu Sheshu, 'Review in Community Medicine', Paras Publication
- 25) Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- 26) Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- 27) Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- 28) Clarke, 'Preventive & Community Medicine', Boston Little Brown Company.