



Final year M. Sc. Nursing

Subject: - Community Health Nursing

Faculty: - Ms. Kavita Kelkar

UNIT	TOPIC	Number of lecture	Lecture Serial No
1 Epidemiology	• Introduction	2	1-2
	• Concept, scope, definition, trends, History and development of modern Epidemiology		
	• Contribution of epidemiology	2	3-4
	• Implications	1	5
	• Epidemiological methods	1	6
	• Measurement of health and disease:	2	7-8
	• Health policies		
	• Epidemiological approaches		
	• Study of disease causatives	3	9-11
	• Health promotion		
	• Levels of prevention		
	• Epidemiology of		
	• Communicable diseases	1	12
	• Non-communicable diseases	2	13-14
	• Emerging and re-emerging diseases Epidemics	2	15-16
	• National Integrated disease Surveillance Programme	2	17-18
• Health information system	2	19-20	
• Epidemiology study and reports			
• Role of Community health nurse			

2 National Health and Family Welfare Programmes	□ Objectives, organization/manpower/resources, Activities, Goals, inter-sectoral approach, implementation, item/purpose, role and responsibilities of community health nurse:	3	21-23
	• National Vector Borne Disease Control Programm (NVBDCP)	2	24-25
	• National Filaria Control Programme	2	26-27
	• National Leprosy Eradication Programme	3	28-30
	• Revised national TB Control Programme	3	31-33
	• National Programme for Control of Blindness	2	34-35
	• National Iodine Deficiency disorders Control Progeramme	2	36-37
	• National Mental Health Programme	2	38-40
	• National AIDS Control Programme	3	41-43
	• National Cancer Control Programme	3	44-46
	• RCH I and II	3	47-50
	• Non- communicable disease programmes	3	51-53
	• NRHM	3	54-56
	- Health Schemes:	4	57-60
• ESI	3		
• CGHS	3		
• Health Insurance	4		
3 School Health	• Introduction: definition, concepts, objectives.	1	61
	• Health assessment, Screening, identification, referral and follow up,	2	62-63
	• Safe environment	1	64
	• Services, programmes and plans- first aid, treatment of minor ailments	2	65-66
	• Inter-sectoral coordination	1	67
	• Adolescent health	2	68-69
	• Disaster, disaster preparedness, and management	2	70-71
	• Guidance and counseling	1	72
	• School health records - maintenance and its importance	1	73
	• Roles and responsibilities of community health nurse	2	74-75
	4 International health	□ Global burden of disease	1
• Global health rules to halt disease spread		1	77
• Global health priorities and programs		1	78
• International quarantine		1	79
• Health tourism		1	80
• International cooperation and assistance		1	81
• International travel and trade		1	82
• Health and food legislation, laws, adulteration of food		1	83
• Disaster management		1	84
		2	85-86

	<ul style="list-style-type: none"> □ Migration <ul style="list-style-type: none"> ▪ International health agencies –World Health Organizations, World health assembly, UNICEF, UNFPA, SIDA, US AID, DANIDA, DFID. Aus AID etc. ▪ International health issues and problems ▪ International nursing practice standards ▪ International health vis-a vis National Health ▪ International health days and their significance 	<p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p>	<p style="text-align: right;">87</p> <p style="text-align: right;">88</p> <p style="text-align: right;">89</p> <p style="text-align: right;">90</p>
<p>5</p> <p>Education and administration</p>	<ul style="list-style-type: none"> ▪ Quality assurance ▪ Standards, Protocols, Policies, Procedures ▪ Infection control; Standard safety measures ▪ Nursing audit ▪ Design of Sub-Centre/Primary Health Centre/Community health center ▪ Staffing; Supervision and monitoring-Performance appraisal ▪ Budgeting ▪ Material management ▪ Role and responsibilities of different categories of personnel in community health ▪ Referral chain- community outreach services ▪ Transportation ▪ Public relations ▪ Planning in-service educational programme and teaching ▪ Training of various categories of health workers preparation of manuals 	<p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">2</p>	<p style="text-align: right;">91</p> <p style="text-align: right;">92</p> <p style="text-align: right;">93</p> <p style="text-align: right;">94</p> <p style="text-align: right;">95</p> <p style="text-align: right;">96</p> <p style="text-align: right;">97</p> <p style="text-align: right;">98</p> <p style="text-align: right;">99</p> <p style="text-align: right;">100</p> <p style="text-align: right;">101</p> <p style="text-align: right;">102</p> <p style="text-align: right;">103</p> <p style="text-align: right;">104-105</p>
<p>6</p> <p>Geriatric</p>	<ul style="list-style-type: none"> □ Concept, trends, problems and issues <ul style="list-style-type: none"> ▪ Aging process, and changes ▪ Theories of ageing ▪ Health problems and needs ▪ Psycho-physiological stressors and disorders ▪ Myths and facts of aging ▪ Health assessment ▪ Home for aged-various agencies ▪ Rehabilitation of elderly ▪ Care of elderly ▪ Elderly abuse ▪ Training and supervision of care givers ▪ Government welfare measures Programmes for elderly-Role of NGOs. ▪ Roles and responsibilities of Geriatric nurse in the community 	<p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p> <p style="text-align: right;">1</p>	<p style="text-align: right;">106</p> <p style="text-align: right;">107</p> <p style="text-align: right;">108</p> <p style="text-align: right;">109</p> <p style="text-align: right;">110</p> <p style="text-align: right;">111</p> <p style="text-align: right;">112</p> <p style="text-align: right;">113</p> <p style="text-align: right;">114</p> <p style="text-align: right;">115</p>

7 Rehabilitation	□ Introduction: Concepts, principles, trends, issues,	1	116
	▪ Rehabilitation team	1	117
	▪ Models, Methods	1	118
	▪ Community based rehabilitation	1	118
	▪ Ethical issues	1	119
	▪ Rehabilitation Council of India	1	119
	▪ Disability and rehabilitation- Use of various prosthetic devices	1	120
	▪ Psychosocial rehabilitation	1	121
	▪ Rehabilitation of chronic diseases	1	122
	▪ Restorative rehabilitation	1	122
	▪ Vocational rehabilitation	1	123
▪ Role of voluntary organizations	1	123	
▪ Guidance and counseling	1	124	
▪ Welfare measures	1	125	
▪ Role and responsibilities of community health nurse			
8 Community mental health	□ Magnitude, trends and issues		
	▪ National Mental Health Program- Community mental health program	1	126
	▪ The Changing Focus of care	1	127
	▪ The Public Health Model	1	128
	▪ Case Management- Collaborative care	1	128
	▪ Crisis intervention	1	129
	▪ Welfare agencies	1	129
	▪ Population at Risk	1	130
	▪ The community as Client	1	130
	• Primary Prevention	1	131
	• Secondary prevention		
	• Tertiary Prevention		
	▪ Community based rehabilitation		
	▪ Human rights of mentally ill		
	▪ Substance use	1	132
▪ Mentally challenged groups	1	133	
▪ Role of community health nurse	1	134	
	1	135	
9 Occupational health	▪ Introduction: Trends, issues, Definition, Aims, Objectives, Workplace safety	1	136
	▪ Ergonomics and Ergonomic solutions	1	137
	▪ Occupational environment- Physical, social, Decision making, Critical thinking	2	138
	▪ Occupational hazards for different categories of people physical, chemical, biological, mechanical, , Accidents	1	139-140
	▪ Occupational diseases and disorders	1	141
		1	142
		1	

	□ Measures for Health promotion of workers; Prevention and control of occupational diseases, disability limitations and rehabilitation	1	143
		1	144
		1	145
	▪ Women and occupational health	1	146
	▪ Occupational education and counseling	1	147
	▪ Violence at workplace		148
	▪ Child labour	2	
	▪ Disaster preparedness and management		149-150
	▪ Legal issues: Legislation, Labour unions, ILO and WHO recommendations, Factories act, ESI act		
	▪ Role of Community health nurse, Occupational health team		

Practical

Total = 960 Hours

1 Week = 30 Hours

S.No.	Deptt./Unit	No. of Week	Total Hours
1	Urban and Rural community	17	510
2	School Health	03	90
3	International health	02	60
4	Administration(SC/PHC/CHC)	02	60
5	Occupational health	02	60
6	Community Mental Health	02	60
7	Home for aged and Hospice	02	60
8	Rehabilitation	02	60
	Total	32	960

Categorization of practical activities

Observed

- MCH office and DPHNO
- CHC/ First Referral Unit (FRU)
- Child guidance clinic
- Institute/Unit for mentally challenged
- District TB centre
- AIDS control society
- Filariasis clinic
- RCH clinic
- STD clinic
- Leprosy clinic
- Community based rehabilitation unit
- Cancer centers
- Palliative care
- Home of old age
- Mental health units

- De-addiction centre
- School health services
- Industry
- Selected industrial health centers
- ESI unit
- Municipality/ corporation office

Assisted

- Laparoscopic sterilization
- Vasectomy
- All clinics related to RCH
- Monitoring of national health and family welfare programmes

Performed

- Conduct various clinics
- School health assessment.
- Health survey.
- Health assessment
- Drug administration as per the protocols
- Treatment of minor ailments
- Investigating outbreak of epidemic.
- Screening for leprosy, TB and non-communicable disease
- Presumptive and radical treatment for Malaria.
- Counseling
- Report writing
- Referrals
- Writing a project proposal
- Material management- requisition for indent, condemnation, inventory maintenance,
- Training and Supervision of various categories of personnel
- Liaison with NGO's

References (Bibliography)

- 1) Jayawanti, TNAI Nursing Manual, TNAI publication
- 2) K.Park, 'Text Book of Preventive & Social Medicine'
- 3) K.Park, Essentials of Community Health Nursing,
- 4) Rao Kasturi, 'An Introduction to Community Health Nursing', I publications.
- 5) Freeman Ruth, 'Community Health Nursing Practice'
- 6) Stanthope Lancaster, 'Community Health Nursing Process & Practice', Popular publication.
- 7) Basvantappa B.T, 'Community Health Nursing'
- 8) Anderson, 'Community as Partner, Theory & Practice'.
- 9) Allender, 'Community Health Nursing' B.I. Publications
- 10) Harpson, 'Hand Book of Community Health Nursing'
- 11) Shastr , 'Preventive & Social Medicine', National Publications
- 12) Sathe , 'Epidemiology & management of Health Care', Popular Publications

- 13) Vasundhara & Basvantappa , 'Community Health Nursing', Jaypee publication
- 14) Mc. Evens M. 'Community based Nursing', Sanmdess publication
- 15) Kulkarni & Baride, 'Text Book of Community medicine', Vora Publications.
- 16) Cookfair Joan, 'Nursing Care in Community', Moby Publications
- 17) Maxey Public, 'Health & Preventive Medicine', Applin Colage Publications
- 18) Lippincotts, 'Community Health Nursing', Lrppincotts Publications
- 19) K.Park , 'Text Book of Preventive & Social Medicine'
- 20) Saunder, 'Essentials of Community based Nursing', Jones & Balet ublications
- 21) Mahajan Gupta, 'Textbook of Preventive & Social Medicine', Jaypee Publications
- 22) Walton, 'Community Concepts & Practice', Scuzt Foresmen Publications
- 23) Ghai Gupta, 'Essential Preventive Medicine', Vikas Publications
- 24) Babu Sheshu, 'Review in Community Medicine', Paras Publication
- 25) Lancaster, 'Community Health Nursing Process and Practice for Promoting Health', Morby Publications
- 26) Bhalerao, 'Synopsis in Preventive & Social Medicine', National Publications
- 27) Fromer Margareg, 'Community Health care & the Nursing Process', CV Mosby & Company Publications
- 28) Clarke, 'Preventive & Community Medicine', Boston Little Brown Company.

INTERNAL ASSESSMENT (THEORY)

Sr. no	Assessment	Marks
1	Mid term exam,	50
2	Pre - final	75
3	Seminar (25 x 2)	50
	Total	175

For Internal Assessment marks 175 be converted out of 25

INTERNAL ASSESSMENT (PRACTICAL)

Sr. no	Assignments	Marks
1	Family Care Study Urban -1	50
2	Family Care Study Rural -1	50
3	Family Health Care Plan -2	50
4	Home Procedure Evaluation -2	100
5	Training of different categories of health personnel	100
6	School Health Programme	100
7	Health talk -2	200
8	Clinical evaluation in different areas of placement	100
	Total	750

For practical Internal Assessment marks 750 to be converted out of 100